

GLUTEN FREE MENU

GLUTEN AND DAIRY FREE SOUP £5.45

Please ask for today's flavour, served with gluten free bread and butter or dairy free spread

SPICY FRUIT LOAF/CRUMPETS/WHITE AND BROWN TOAST from £1.00

FRESHLY MADE SANDWICHES AND TOASTIES from £5.45

MEDITERRANEAN TOMATO, OLIVE AND PINE NUT PASTA £10.45
served with GF garlic bread

BATTERED FISH AND CHIPS £8.95/£11.45
Batter made with gluten free flour in a dedicated fryer

GF PASTA WITH A CREAMY CHICKEN, SMOKED BACON AND MUSHROOM SAUCE £11.95
with GF garlic bread

CHIPS/SWEET POTATO FRIES £3.50 / £3.95

GLUTEN FREE SULTANA SCONE £4.95
with butter, jam and Cornish clotted cream

Please ask for today's selection of gluten free desserts.

Some of our menu items are naturally gluten free.

Please ask if any of the daily specials are or can be made gluten free.

VEGAN MENU

VEGAN AND GLUTEN FREE SOUP £5.45

Please ask for Today's flavour, served with white or granary bloomer and dairy free spread

Vegan breakfast £9.45

Vegan sausages, tomatoes, mushrooms, hash browns, beans and toast with dairy free spread

Aubergine and Roast Vegetable Tagine (GF) £11.45

Mediterranean vegetable, pine nut and olive pasta (can be GF) £10.45

Vegan Chilli £11.45

Moroccan vegetable and Lentil pot £11.45

Aloo Gobi £11.45
Cauliflower, spinach and potato curry

Served with Handcut Chips,
Basmati Rice or Sweet Potato Fries

DESSERTS

Please ask for today's selection
of vegan desserts



The Lytham Kitchen
www.thelythamkitchen.com